

T-Life Group Meeting Overview

Name: T-Life Group Meeting

Tagline: The gathering of a whole T-Life Group

Purpose:

- For the building up of relationships, spiritual maturity, and encouragement of one another.
- A place to process and discuss sermon topics, biblical principles, and other spiritual topics.
- To pray for and over one another as a group.

Frequency: Weekly

Group Meeting Measurable Wins:

- Members are committed and excited to be a part of the online group meeting each week.
- Relationships take another step forward and every person feels valued and connected.
- The meeting starts and ends on time and does not drag on.
- Group discussion is focused and *intentional* and the leader works to engage everyone.
- Members pray for and with each other during the group meeting.
- The group takes time regularly to learn about and pray for everyone's "Reach One."

FLOW:

T-Life Group meetings generally last between 1 ½ and 2 hours and consist of the following three elements.

Relational Connection | 15 to 30 minutes

- This portion of the group meeting is focused on building relationships and is mainly organic
- Food breaks down barriers, many groups will share a meal together (although it isn't required.)
- Relational building opportunities are icebreakers, utilizing story cards, or simply personal check-ins as a group, which helps everyone in the group be aware of care opportunities for one another

Study and Discussion | 60 minutes

- This portion of the group meeting is focused on growth in a particular topic.
- Opportunities include talking about sermon topics, working through a book of the Bible, doing a video series using Right Now Media, or other options.
- The group leader facilitates and involves as many people as possible (20/80)
- 20/80 = Leader does not teach and talks only 20% of the time while members talk 80%.

Application and Prayer | 15 to 30 minutes

- This portion of the group meeting is focused on application and prayer.
- Everyone in the group shares a next step they want to take because of what they have learned.
- Prayer requests are shared as someone from the group records them.
- The group spends time praying for one another as a group and for RCC prayer focuses