



Checkpoint





READ

While each person owns their own spiritual growth, transformation happens in the context of relationships... when others are a part of the process. We benefit when others encourage our growth, and others benefit when we encourage theirs! But every now and then, we should be asking ourselves... *"how are we doing?"*

The purpose of this Checkpoint is intended to guide you and your group into an honest discussion to identify just that! How are *you* doing? How is your *group* doing? When the results of this Checkpoint are discussed as a group, we'll be able to take our best next steps toward our pursuit of a transformed life together.

DISCUSS

To get started, discuss the following two questions as a group:

-  What has been your favorite part about the group this trimester?
-  Who in the group has made a big impact on your life in some way this trimester?

REFLECT

Now, take a few minutes to complete the questions on the next few pages related to you and your group experience over the last trimester. Try to be as real as possible when considering *why* behind each one. Light background music will be beneficial here.

SHARE

Once everyone has finished, the leader will lead the group through each of the three sections to discuss everyone's insights. Again, as you share, be as real as possible when talking about the *why* behind each insight.

PLAN

Finally, what is your plan going into the next trimester? Knowing this now will not only help you determine your next steps, but it will also help the leader plan better for their next trimester. At the end of this group meeting, please communicate your decisions to the leader based up on the questions below.

- I want to stay with this group.
- I will be stepping out of this group.
- I'm interested in leading my own T-Life Group!



Growing in a Relationship with Jesus

Spiritual growth involves a growing faith in Jesus expressed by a growing love for God and others. There are things each of us can do to grow in our faith, but it takes intentionality. How are you doing?

NOT REALLY

ABSOLUTELY

- Those in my group regularly encourage me to continually pursue a relationship with Jesus.
- I am prioritizing my personal time with God regularly.
- The approach I use in my personal time with God is effective. (Praying, reading the Bible, journaling, devotional, walking, music, etc.)
- My life, actions and world view are increasingly aligning with the principles and truth of Scripture.
- I recognize how Jesus is working within the circumstances of my life.
- I can feel the Holy Spirit transforming me from the inside out.

The form consists of six horizontal scales, each corresponding to a bullet point in the list. Each scale is a line with 11 vertical tick marks, creating 10 equal segments. The left end of each scale is aligned with the 'NOT REALLY' label, and the right end is aligned with the 'ABSOLUTELY' label. The scales are currently empty, with no marks or shading.

Growth involves movement. Any and every step forward is progress. Based upon how you answered above:

What is one thing you could do to prioritize your spiritual growth?

I wish I knew more about...?

Is there anything you need help with?



Connecting in Authentic Relationships within the Church

Authentic relationships involve being real about your own growth and supporting others as they grow. There are several factors that influence how authentic relationships develop within a group. How's it going?

	RARELY	REGULARLY
• I make group meetings a priority.		
• We challenge one another to grow in healthy ways. (Spiritually and relationally)		
• I can share anything with my group.		
• Members of my group express interest in my needs and make themselves available to help.		
• We have fun together as a group and spend time together outside of group meetings.		
• I relate to others the way Jesus relates to me (with grace, forgiveness, patience, even when they don't deserve it.)		

If authentic relationships develop when we are real about our own growth and support others as they grow, then...

What should your group keep doing that has been impactful?

What can your group start doing?

Where do you need to grow in this area and what practical next step can you take?



Impacting the World

Jesus came on a mission to transform all things to the way God created them to be, and He wants to use you to carry on His mission. That starts with you and those in your circle of influence. There are several things we can do to join in his mission and positively influence those around us for Jesus.

RARELY

REGULARLY

- I make it a priority to use my gifts & talents to meet the needs of and serve with my local church body.
- I use my gifts & talents to serve those outside the church (neighbors, friends, community).
- I take time to pray for those I know who do not yet have a relationship with Jesus.
- I am intentional about relationally investing in at least one person who does not currently follow Jesus. (Reach One)
- My group serves together by identifying and meeting the needs of others.
- My group encourages one another to use their gifts & talents to make an impact in the lives of those around them.

You may not be able to change the world, but you can change one person’s world. With that in mind,

Do you know and understand the gifts and talents God has created you to lead with? What are they and how are you using them to serve and influence others?

Who are you investing in relationally so that you can open the door someday spiritually?

How have you served someone in your circle of influence, or how can you do that soon?