

T-Life Guide

#Blessed | Week 6: “Blessed are the Pure in Heart” | July 7-13

Introduction

Being blessed by God has come to mean something very different than what Jesus meant when He taught His famous Sermon on the Mount. We think that we’re blessed when we’re rich, smart, or have all that we desire in life during a certain moment. But when our health is at stake, we are experiencing financial difficulties, our kids are misbehaving, or our relationships have turned sour, then God must not be blessing me anymore. This week we continue our #Blessed series by taking a closer look at what Jesus meant when He said, “Blessed are the pure in heart, for they will see God.”

Main Point: We’re truly blessed by God when we allow God to change our hearts—but we can’t do it alone.

Discussion Questions

1. What does pure in heart mean? What does it mean to see God?
2. Describe a time you’ve been judged or have judged someone by their outward appearance. How does that contrast the way God looks at us?
3. Read Ezekiel 26:26 and Psalm 51:10. Why can’t we gain a pure heart on our own?
4. On Sunday, Andy identified a heart of integrity to have wholeness, authenticity, and unmixed motivation. When thinking about your own heart, which area is the one that you feel you need to ask the Lord to transform the most?
5. How regularly do you grab a thought or feeling- what’s in your heart- to run it by God and ask Him to make it pure in His eyes?

Taking A Next Step Together

It is the Lord who will transform our hearts. Take some time now to pray together and ask God to change your heart. Pay attention to your thoughts and feelings about work, money, sex, people, and relationships. When you feel that your heart is veering off course, ask God to create a clean heart and call a friend in your T-Life group to pray with you.

Key Verse

“Blessed are the pure in heart, for they will be see God.” –Matthew 5:8

All other Scripture References

Proverbs 11:20, Matthew 5:21-22, 27-28, 43-47, Romans 3:11, Ezekiel 36:36, Psalm 51:10