

T-Life Guide

Choose A Better Family | Week 1: “Proactive Protection” | July 28-August 3

Introduction

When it comes to our families of origin, none of us had a choice in the matter. While we got to pick our friends as we grew up, we didn't get to pick the families we were raised in. If we're honest, we all probably wish our families could be “better” in some way. So, how do we choose a better family with the ones we already have?

Main Point: Choose proactive protection and take control, because when we take control, the devil loses control.

Discussion Questions

1. If you could describe your current family in one word or phrase, what would it be?
2. How has your upbringing played a part in the way you currently operate in your family today?
3. Read 1 Peter 5:8-9. How do you resist the enemy? Why do you think the enemy wants to devour families? Jimmy gave some practical applications to protect your family from the enemy's schemes (set boundaries, guardrails, protective prayer). Discuss each of these applications and how you plan to implement one or all of them into your family life this week.
4. Where do you need to protect your family better?

Taking A Next Step Together

Choosing a better family with the ones we already have can be very challenging. We at Relevant want you to know that you are not alone. Consider reaching out to someone in your T-Life group to pray with you this week or help you through whatever you're walking through. For those of you with children, our Next Generation team is here for to help your family. We weren't meant to live in isolation, so take a proactive step and ask someone for help.

Key Verse

“Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.”—1 Peter 5:8-9

All other Scripture References

John 8:44, 1 Peter 5:8-9, John 10:10a, Ephesians 6:12, Proverbs 4:23