

# T-Life Guide

## Blessed | Week 1: “Blessed are the Poor in Spirit” | June 2-8

### Introduction

Is being blessed a real thing or is it just a hash tag people use to brag about their lives? In this new series, we discover that God truly blesses people with true life that can only extend from Him. His blessings are both internal and external and are not made up of the superficial or temporary good fortunes that many people in today’s society define as blessings.

**Main Point:** God blesses those who realize their need for Him in everything.

### Discussion Questions

1. Before hearing the sermon on Sunday, how would you have defined the word “blessed?” What feelings arise in you when you think about the word?
2. What area in your life do you recognize that you are poorest in spirit? Secondly, what area of your life do you need to be more poor in spirit?
3. Imagine yourself sitting on that mountainside with the disciples as Jesus delivered His most famous sermon. Have one person from the group read Matthew 5:1-10 aloud. What really stands out to you in that passage?
4. On Sunday, Pastor Ronnie said, “The moment we put our trust in anything other than The One who provides everything, life begins to be drained from our souls. When have you experienced this? When have you experienced the opposite?”
5. Being part of the Kingdom of Heaven means being part of God’s family and people now and forever. How do you need to experience the Kingdom of Heaven today? If you have not put your faith in Jesus, would you consider allowing your group to lead you in that next step? When we choose Jesus to be the forgiver of our sins and the leader of our lives, we are welcomed into God’s Kingdom family! Nothing makes God happier than welcoming children into His family and doing a transforming work in their lives.

### Next Step Challenge

How can you start putting God first this week? Think about your relationships, finances, and time. Maybe something different came to mind. Whatever it is, commit to trusting God with it and following His will instead of your own.

### Key Verse

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.” – Matthew 5:3

### All other Scripture References

Matthew 5:1-10, 6:33