

T-Life Guide

Fill the Gap | Week 2: Defenders | March 17-23

Introduction

In every relationship, we experience gaps between our expectations and experiences. Relationships can only thrive in a culture of trust. When gaps are created, trust is the glue that can mend the relationship. When we commit to trust, we assume the best about others. We defend them, not destroy them through gossip. Who should you be defending?

Main Point

When I observe other people assuming the worst about you, I will come to your defense.

Discussion Questions

1. What gaps did you fill with trust this week?
2. Share what happened in your relationship when someone whom you knew gossiped about you.
3. Read together Proverbs 16:28, 26:20 and 22 and discuss the characteristics of a gossip. Next, read Ephesians 4:29. What is the difference between the gossip and the person described here?
4. On Sunday Pastor Ronnie said, "What we speak about others says more about us than it says about them. Every. Single. Time." How do you want others to know you?
5. Who is someone you have heard others assuming the worst about, and either stayed quiet or joined in on the gossip? How do you plan on coming to their defense this week?

Next Step Challenge

There is something about gossip that sounds so appealing, but when we give in, gossip destroys us, the person being gossiped about, and our relationships. In order to put a stop to gossip, you must choose to trust the person being gossiped about by defending them and ending the negative conversation. Coming to someone's defense is worth it. Who will you defend this week?

Key Verse

"A perverse person stirs up conflict, and a gossip separates close friends." – Proverbs 16:28

All other Scripture References

Proverbs 16:28, 26:20, 22