Caring and Serving

First line of care and support

Our hope at Relevant is that basic care needs can be addressed within the context of a T-Life group and the friendships formed there. When someone is hospitalized, laid off, has a baby, loses a family member, or finds themselves caught up in a moral difficulty, we hope for the T-Life Group to rally around them and be their supportive community. This can be as simple as serving as a listening ear when they're dealing with relational issues, checking in when they've been having a tough week, or even preparing meals or mowing the lawn to help support them in a time of need. Although some of this might seem obvious that we may not even think of it as care, it's extremely important. Below are ways a T-Life Group can rally around one another.

Processing Life Issues

There are times when we just need someone to talk to and process the difficult stuff, get advice and wisdom, or help make an important decision with the guidance of someone who has been there before. Although sharing the deeper things can be awkward, relationships found within a group can be the "go to" for help. These conversations can be done through a regular huddle as well as the relationships develop.

Visiting the sick or hospitalized

At any moment, someone in your group may end up sick or in the hospital. Members from the group making time to visit that person will go a long way. And don't forget to offer prayer while visiting! Depending on the length of the sickness or hospitalization, it may be necessary to schedule different times for different members to visit and pray with the person stuck in the hospital or at home sick. For help in how to visit someone, contact the care team at Relevant by emailing <u>care@relevantcommunity.org</u>

Support opportunities

There may be times when someone is unable to take care of ordinary household tasks. Cleaning the house, mowing the lawn, or picking up groceries. Rally your group around taking care of one another in these ways when the opportunity arises. We all know the blessing of receiving this kind of care when we are in need.

Project Driven Opportunities

There will be times and *should be times* when the group proactively serves someone else in the group by helping finish a task. Examples include painting a house, landscaping the exterior, reorganizing the house, or building a shed. Whatever the task, having hands to help is a sure way to give love and support to others in the group. If a group is not sure how to serve, well, ask! And then take a list and begin serving one another in this way.

Financial Opportunities

Let's be honest. We all have more than we really need. We encourage rallying together to help pay a bill, fill a tank with gas, paying a month's rent, or buying groceries for someone else in the group. It's one of the ways we operate as the body of Christ.